

Using Mindbody to reserve my reservation block

How do I reserve my reservation block using the Mindbody app?

1. Using your Mindbody app, you will login to your Mindbody account.
2. Search for the name of your fitness center, then click the orange “view schedule” button. All upcoming gym reservations that are available for booking will be populated here.
3. To book yourself for a time slot, simply click on the “book” button.
4. You may be required to agree to our updated liability waiver as a next step if you have not already done so.
5. Once you have agreed, you will then be prompted to confirm your booking.
6. Booking is complete.

How do I reserve my reservation block using the desktop version of Mindbody?

1. Use the link provided to you for your fitness center location and login to your Mindbody account.
2. Once you have logged in, navigate to the “gym reservations” tab that allows you to schedule your time slot in a similar way to how you would sign-up for a group exercise class.
3. To book yourself for a time slot, simply click on the “Sign Up Now” button.
4. You may be required to agree to our updated liability waiver as a next step if you have not already done so.
5. Once you have agreed, you will then be booked for this class.
6. Booking is complete.